

309SH Sew a Postcard Sunday 7<sup>th</sup> July – Monday 8<sup>th</sup> July 12h00

Kathryn Harmer Fox

Session: 3 x 3hr

Level: All Levels



Kathryn is a multimedia artist and teacher whose predominant medium is textile. She uses her sewing machine as a mechanical paint brush or pencil. She stitches little snippets of various fabrics and fibres and uses coloured threads to create painterly images. The process of creating art is healing. It shifts something inside, allowing space for well-being.



**DETAILED COURSE DESCRIPTION:**

Kathryn will teach many of the techniques that she has used in her previous artworks through this A4-sized format. The techniques which students will learn include fibre embedment using scribble stitch, free motion machine embroidery, spider webbing and ragged-cord edging. But most importantly, students will learn how to critique and develop their own work.

Cost of Kit (if required): R300.00

Detailed Contents of Kit (if required):

- 1 x colour image
  - 1 x black/white image
  - 1 x postcard template
  - 1 x stamp
  - 1 x set of instructions
  - 2 x pieces tracing paper
  - 1 x piece of canvas
- All A4 size excepting stamp, which is stamp size.

Student Requirements:

Sewing machine in good working order (must be able to lower the feed dogs)

An extension cord and adaptor

An extension table

Darning/embroidery foot

A variety of different coloured sewing threads

A pack of jeans needles

A small set of Inktense coloured pencils

A blue and a red fine liner

A black fibre-tipped pen

Basic sewing supplies